

2026

VOLUNTEER BRIEFING

Cairns 50



Community Running Festival

#C50 Australia

PRESENTED BY



Smurf

Endurance Sports Pty. Ltd.

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VOLUNTEER ROLES

STAFF

RACE DIRECTOR: Joshua Duff

CONTROL TENT & CHECK-IN: Peta Travers-Jones

VOLUNTEER MANAGER: Kalyra Thompson

AID STATION/RECOVERY: Salome Duff

FRIDAY APRIL MARCH 27

CHECK-IN {2:30pm-6pm}: Clifford J, Dee A, Ange, Jake

SATURDAY MARCH 28

EVENT PRECINCT BUMP-IN {6am-10am}: Christine T, Alison J, Peta T, Joshua D, Salome D

ATHLETE CHECK-IN 5, 2, 1 (4pm - 6pm): Devicca E, Holly J-A, Monet V

ATHLETE CHECK-IN 50, 30, 10 (4pm - 6:30pm): Marj H, Clifford J

FINISH CHUTE MARSHAL (4:30pm-6:30pm): Brendan L

GLENOMA PARK TURN MARSHAL (4:30pm-6:30pm): Sarah F

GLENOMA CAR PARK MARSHAL (3:30pm-6:30pm): **TBC**

AID STATION/TURNAROUND (2:30pm - 4:45pm): Kellie & Dave B

FINISH LINE MEDALS (4:30pm-6:30pm): Jess, Devicca E, Beau P

FINISH LINE RECOVERY (4:30pm-6:30pm): Celeste P, Eve P

BRINSMEAD PARK RESERVE CAR PARK MARSHALS (3:30pm-6:00pm): Ange

VOLUNTEER ROLES

SUNDAY MARCH 29

ATHLETE CHECK-IN 50, 30, 10 (4:30am-6:30am): Marj H, Monet V

FINISH CHUTE MARSHAL (6:30am-9:30am): Nadine B

FINISH CHUTE MARSHAL (9:30am-12pm): TBC

GLENOMA PARK TURN MARSHAL (6:30am-9:30am): Marj H

GLENOMA PARK TURN MARSHAL (9:30am-11:30pm): TBC

GLENOMA CAR PARK MARSHAL (4:30am-8am): TBC

10k TURNAROUND MARSHAL (6:30am-8am): Devicca E

50K TURNAROUND MARSHAL (5:45am-8:45am): Ollie & Nicole W

50K TURNAROUND MARSHAL (8:30am-11:30am): TBC

50K MALE/FEMALE LEAD BIKES (5:30am-9:30am): Russell M (M); Cody W (W)

30K MALE/FEMALE LEAD BIKES (6:15am-9am): Luke T (M); Bron E (W)

10K MALE/FEMALE LEAD BIKES (6:30am-7:30am): Simon F (M);

TAIL BIKE (9:30am-1pm): Andrew L

FIRST AID: First Aid Academy

FINISH LINE MEDALS (6:45am-9:45am): RAW - KYLIE/SUE/BRENDAN

FINISH LINE MEDALS (9:30am-12:30pm): RAW - KYLIE/SUE/BRENDAN

FINISH LINE RECOVERY (6:45am-9:45am): RAW - KYLIE/SUE/BRENDAN

FINISH LINE RECOVERY (9:30am-12:30pm): RAW - KYLIE/SUE/BRENDAN

PERSONAL NEEDS (5:30am-9:30am): Dee A

BRINSMEAD PARK RESERVE CAR PARK MARSHALS (4:30am-7:30am): Rose

SHUTTLE BUS: Ivan W

GOOMBOORA PARK AID STATION (4:45am-9am): STUDIO A

GOOMBOORA PARK AID STATION (8:45am-12:30pm): MUDFLAT TROTTERS (RICKY F)

THE ROCKS AID STATION (5:05am-12pm): IGNITE

MARY PARKER DRIVE AID STATION(5:15am-11:30am): ST MONICA'S

EVENT BUMP-OUT (12:00pm-3:30pm): Smurf Event Team

SCHEDULE OF EVENTS

FRIDAY MARCH 27

3pm-6pm: Race Pack Collection - *THE GOOD RUN (116 LAKE STREET)*

SATURDAY MARCH 28

4pm - 6:30pm:

- Race Pack Collection - *Event Precinct (Control Tent)*
- Cairns Endurance Sports Expo - *Event Precinct*

4:40pm: Kids 1 Race Briefing - *Start Line*

4:45pm: Kids 1 Race Start

5:10pm: Kids 2 Race Briefing - *Start Line*

5:15pm: Kids 2 Race Start

5:40pm: Colour for COUCH Family 5 Race Briefing - *Start Line*

5:45pm: Family 5 Race Start

SUNDAY MARCH 29

4:30am - 12pm: Shuttle Buses City to Glenoma Park and Return (pre-booked)

4:30am - 6:30am: Race pack collection available - *Event Precinct (Control Tent)*

5:20am: Cairns 50 Race Brief - *Start Line*

5:30am: SMURF ENDURANCE SPORTS Cairns 50 Start

5:50am: Cairns 30 Race Brief

6:00am: INSPIRED SIGNS Cairns 30 Start

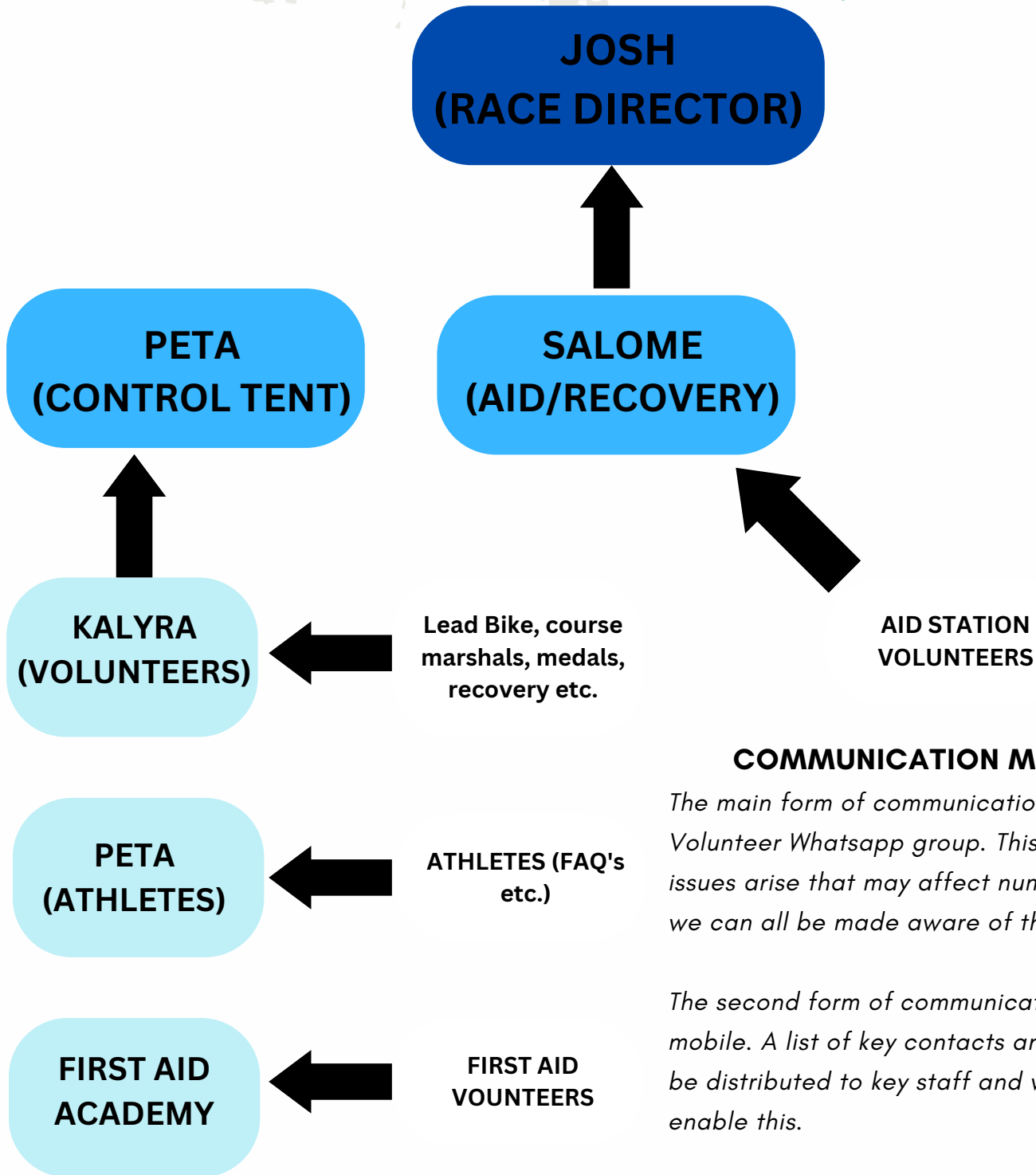
6:20am: Cairns 10 Race Brief

6:30am: WELLNESS EMBODIED Cairns 10 Start

12:30pm: Cairns 50 Cut Off/Event Expo Closes

5pm - 7pm: Presentation Party - *Pachamama's (Bailey Crystalbrook)*

COMMUNICATION FLOW



COMMUNICATION METHODS:

The main form of communication will be via the Volunteer Whatsapp group. This way, when issues arise that may affect numerous parties, we can all be made aware of them easily.

The second form of communication will be via mobile. A list of key contacts and numbers will be distributed to key staff and volunteers to enable this.

EMERGENCIES - *Inform the Control Tent or the Race Director in emergency situations (eg. ambulance) and contact the appropriate authorities*

FIRST AID/EMERGENCIES

FIRST AID TEAM

First aid will be provided by First Aid Academy. The first aid team will consist of a minimum 2 First Aid Officers at the event precinct and roaming first aid officers on bikes on the course. A doctor will also be stationed in the Control Tent at all times.

EMERGENCY ACCESS

In the case of an emergency in the event precinct, emergency access is available via a gate at the northern end of the car park. In the case of an emergency on course, there are access points to the course for a vehicle via St. Andrew's Catholic College, Goomboora Park, Vistas Estate, The Rocks, Xavier Herbert Drive and Mary Parker Drive.

Lead bikes and first aid bikes will also be on course and assist with access in an emergency if required.

EMERGENCY PROCEDURE

In the case of an emergency where an ambulance, police or fire need to be called;

- the staff member on the scene are to contact emergency services
- make contact with the Race Director or Control Tent asap via phone to inform the event team of the emergency
- manage the emergency situation to the best of their ability until emergency services arrive on the scene

EMERGENCY MANAGEMENT

In all emergencies, the final responsibility rests on the Race Director.

TRAVEL, PARKING, OTHER

GLENOMA PARK ACCESS

Vehicle access to Glenoma Park will be restricted – there is NO parking for participants, spectators, volunteers etc. at Glenoma Park. **Volunteers are required to park at Brinsmead Park Reserve or can be dropped at the stop/drop/go area at Glenoma Park**

CHECK-IN/OUT

Before beginning your role onsite, we require you to check-in at the control tent with **KALYRA** and pick up any of your required equipment. If you leave the event site, we require you to check-out at the Control Tent.

CLOTHING

Please ensure you wear comfortable clothing and inclosed shoes for the duration of your role. Sun safe clothing, hat and sunglasses are essential.

VOLUNTEER BRIEFING

As well as individual conversations with the Race Director, as part of our Workplace Health and Safety Plan, all volunteers and staff are required to view the Volunteer Briefing. This will be released via YouTube on the week of the event.

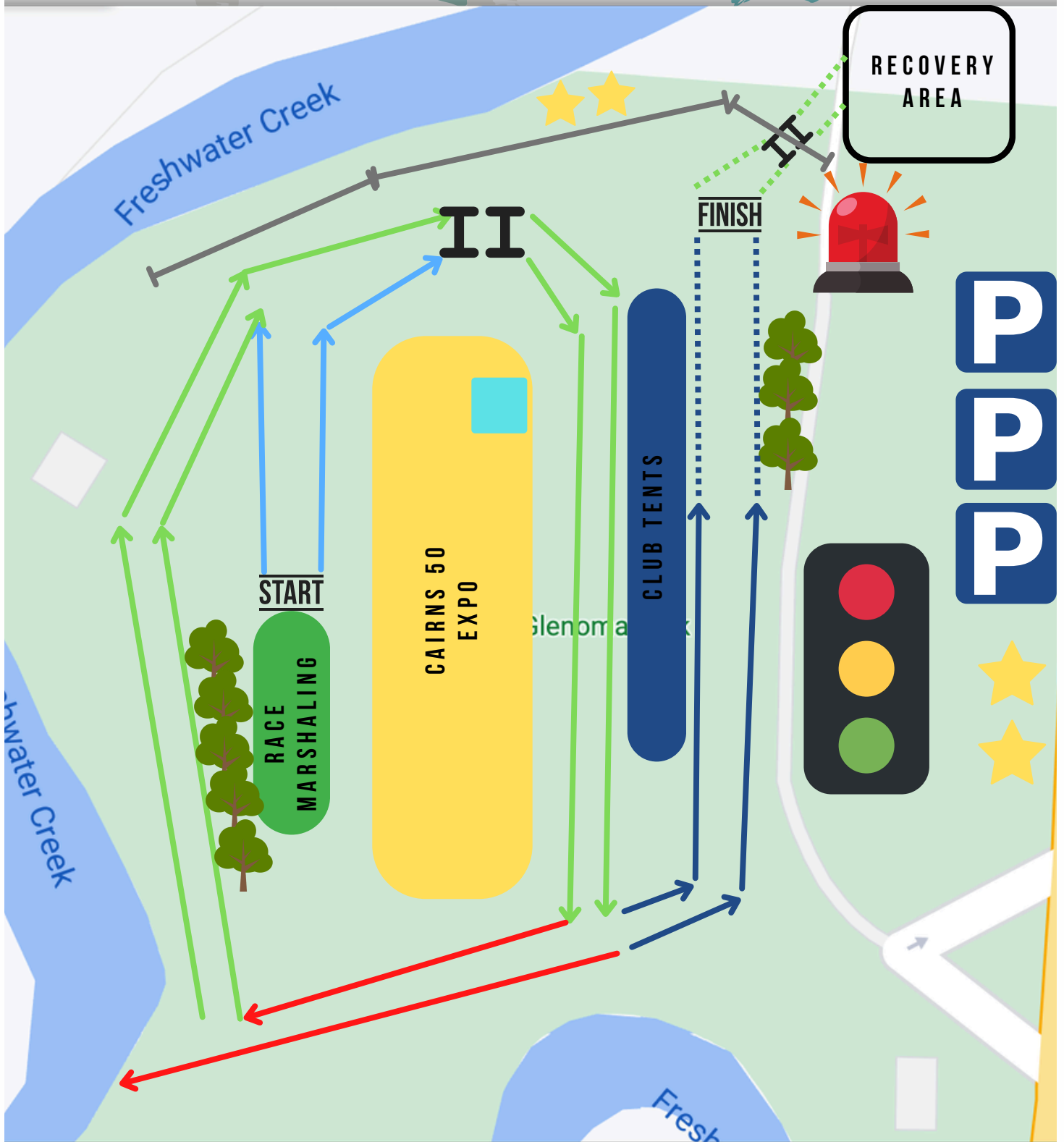
WEATHER

It is important that volunteers look after themselves in what is likely to be hot conditions. Wear a hat, sunscreen, sunglasses, sun safe clothing and stay hydrated

FOOD AND DRINK

A range of food and drink options will be provided for purchase in the event expo. We will also provide all volunteers with a “coffee card” for one free drink from Coffee Your Way.

EVENT PRECINCT MAP

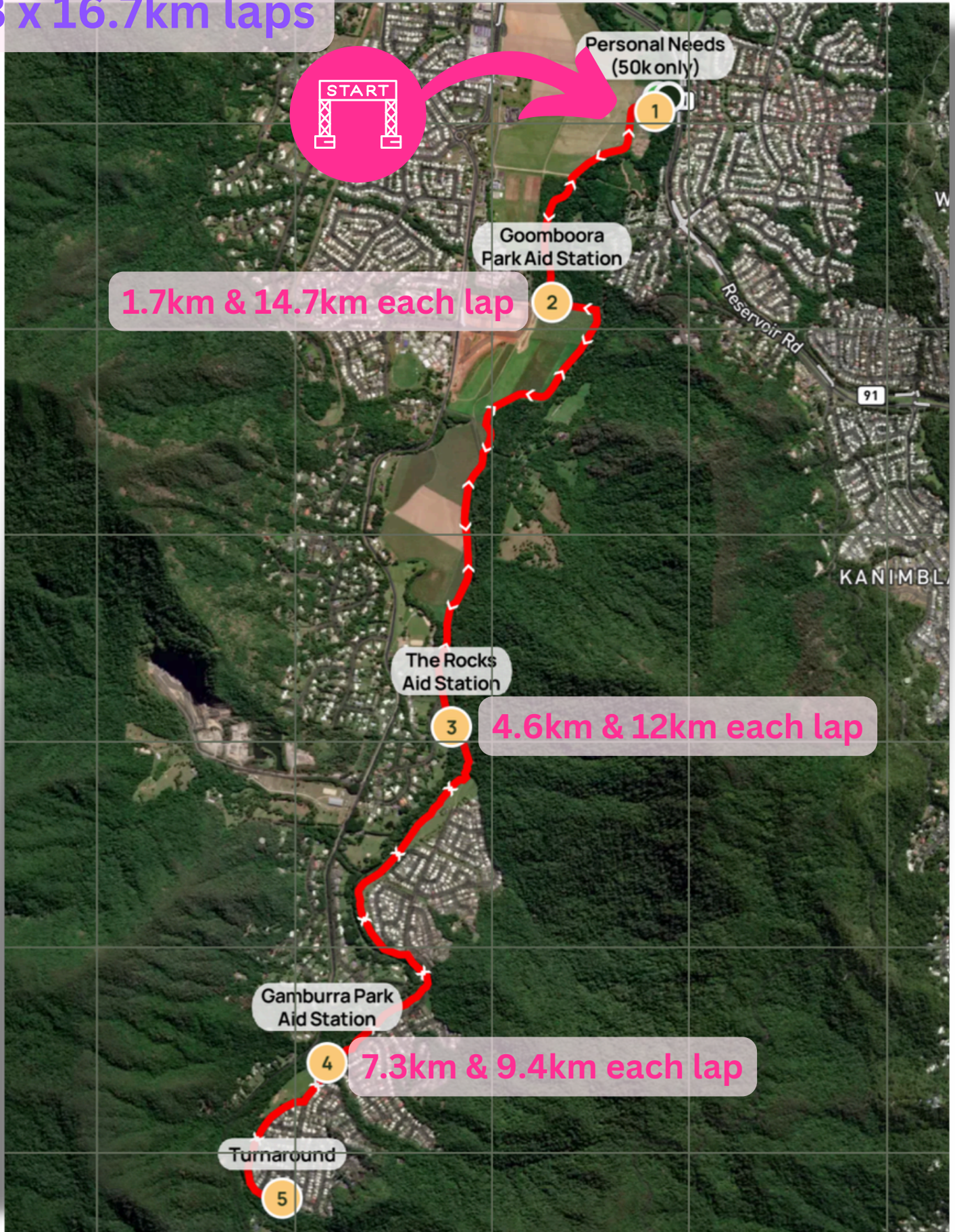


KEY

- | | | | | | |
|--|-------------------------|---|-----------------------------|---|------------------------|
|  | Runners Next Lap/Finish |  | Control Tent/First Aid etc. |  | Bus Drop Off & Pick Up |
|  | Runners Start |  | Emergency Access |  | Toilets |
|  | Runners Next Lap |  | Event Vehicle Parking | | |
|  | Runners Finish | | | | |

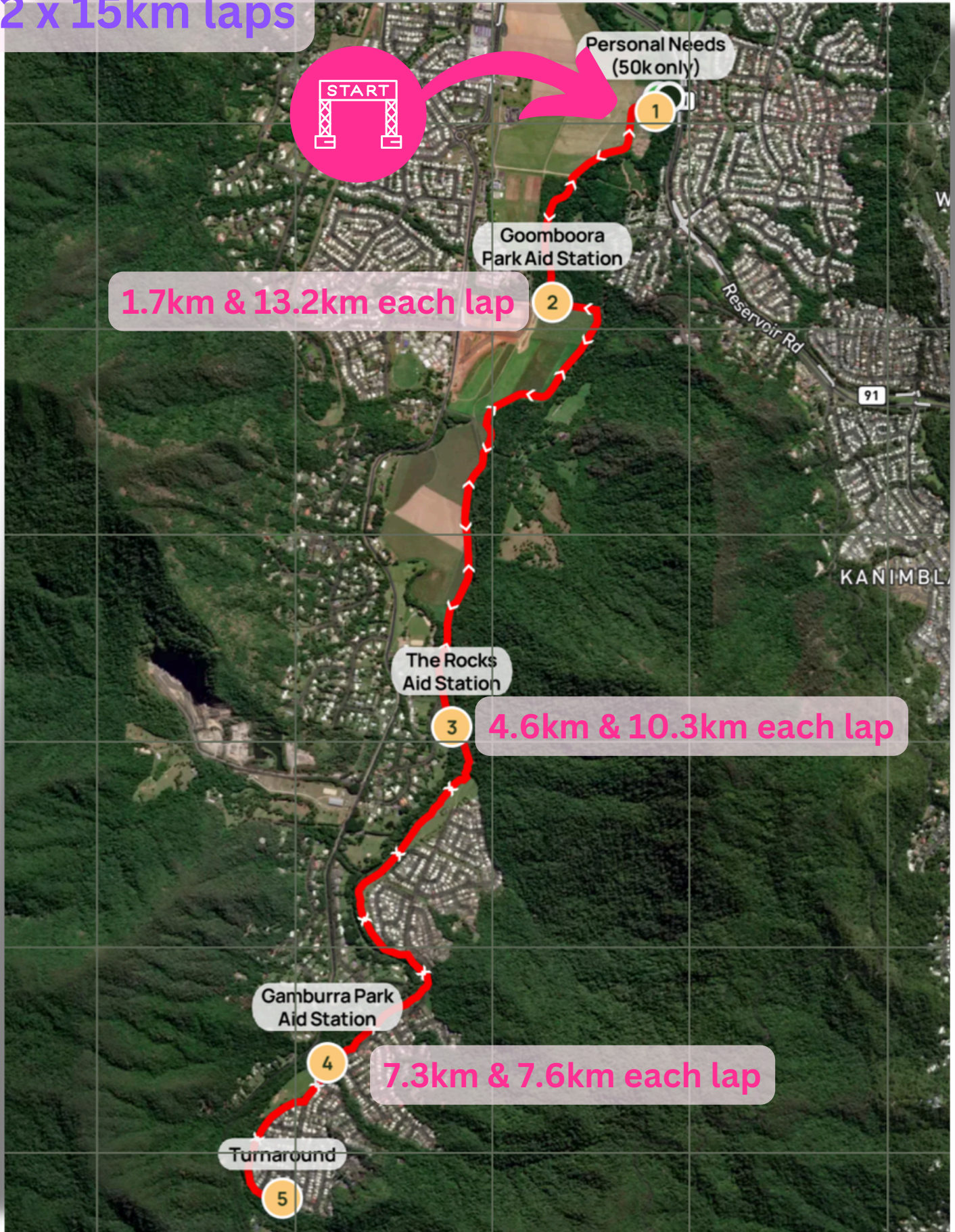
COURSE MAP - CAIRNS 50

3 x 16.7km laps



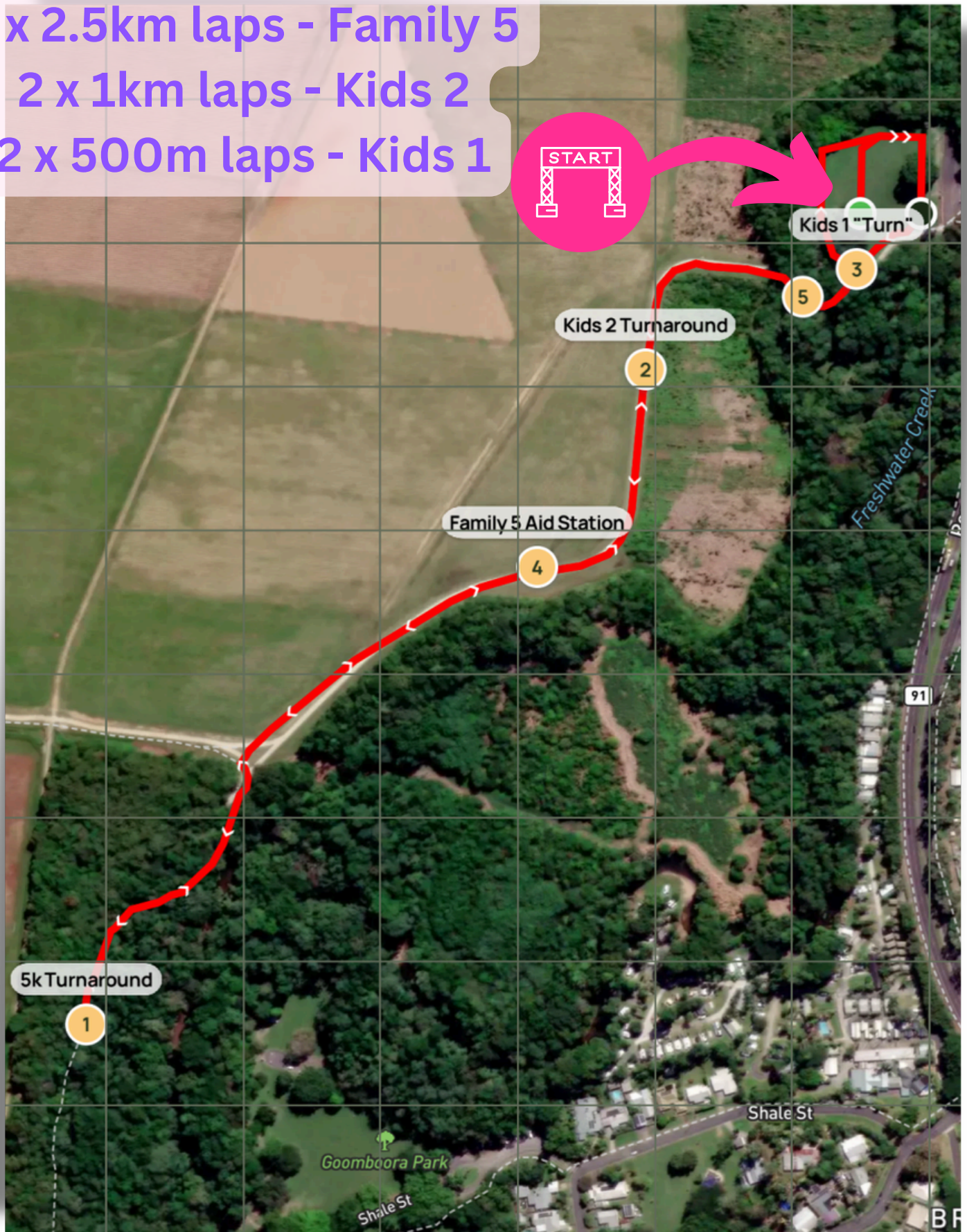
COURSE MAP - CAIRNS 30

2 x 15km laps



COURSE MAPS - FAMILY FUN DAY

2 x 2.5km laps - Family 5
2 x 1km laps - Kids 2
2 x 500m laps - Kids 1



VOLUNTEER ROLES – DETAILED

ATHLETE CHECK-IN

Location

- Based in the Control Tent in the Event Precinct

Times

- **Saturday** - Check-in at Control Tent at 4pm-6:30pm
- **Sunday** - Check-in at the Control Tent 4:00am-6:30am

Role

- Check-in athletes for the Saturday afternoon or Sunday morning events (including providing athletes with their race pack and purchased merchandise)
- Help with athlete questions where possible

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (link will be emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required

VOLUNTEER ROLES – DETAILED

FINISH CHUTE MARSHAL

Location

- As per the map (turn to next lap OR finish line)

Times

- **Saturday** - Check-in at Control Tent at 4:30pm
- **Sunday** - Check-in at the Control Tent 6:30am

Role

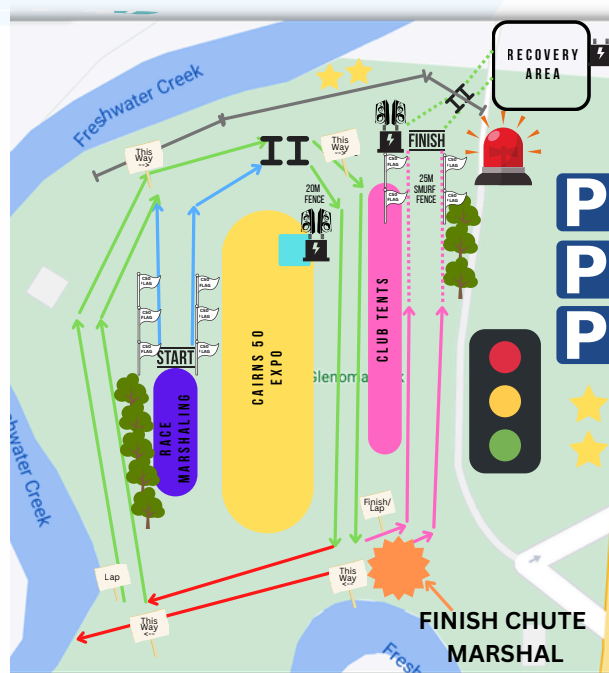
- Direct runners to their next lap OR finish line
- Where needed, keep spectators and general public off the run course

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (link will be emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required



VOLUNTEER ROLES – DETAILED

GLENOMA PARK TURN MARSHAL

Location

- As per the map

Times

- **Saturday** - Check-in at Control Tent at 4:30pm
- **Sunday** - Check-in at the Control Tent 6:30am

Role

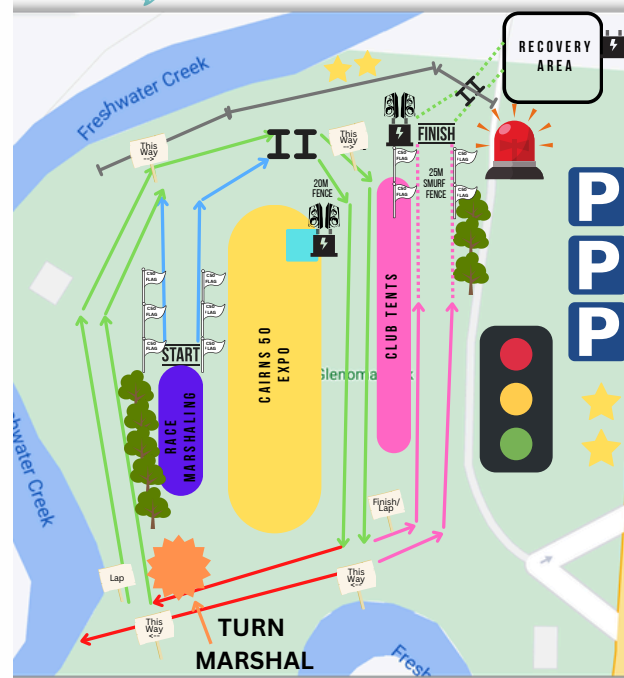
- Direct runners to their next lap
- Where needed, keep spectators and general public off the run course

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (link will be emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required



VOLUNTEER ROLES – DETAILED

GLENOMA CAR PARK MARSHAL

Location

- Glenoma car park as s per the map

Times

- **Saturday** - Check-in at Control Tent at 3:30pm
- **Sunday** - Check-in at the Control Tent 4:15am

Role

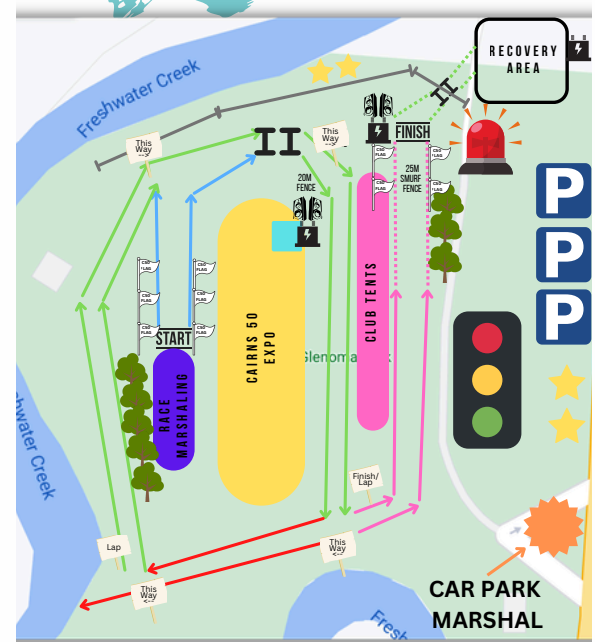
- Stop traffic (except event vehicles) entering the event precinct
- Manage the stop/drop/go area ensuring safe flow of traffic
- Manage entry/exit of emergency and event vehicles
- (will be provided with event vest and traffic baton)

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (link will be emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required



VOLUNTEER ROLES – DETAILED

BRINSMEAD CAR PARK MARSHAL

Location

- **Brinsmead Park Reserve (as per map)**

Times

- **Saturday** - Check-in at Control Tent at 3:30pm prior to heading to Brinsmead Park Reserve
- **Sunday** - Check-in at the Control Tent 4:00am prior to heading to Brinsmead Park Reserve

Role

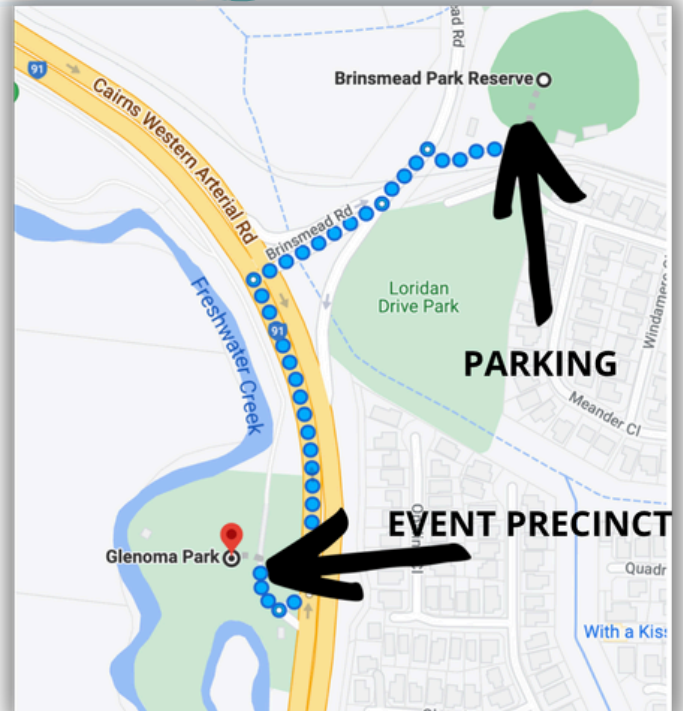
- Manage vehicles entering and exiting the car parks at Brinsmead Park Reserve
- Ensure all vehicles travel through the grassed car park in a anti-clockwise direction and park as directed Ensure all vehicle parking in the asphalt car park do so only in marked car parks
- Ensure vehicle traffic is not parking along the side of the road or in non-marked car parks

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and the Hi Vis Vest provided when onsite at all times. You will also be provided with an LED Baton to help in directing traffic
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required



VOLUNTEER ROLES – DETAILED

FINISH LINE/RECOVERY

Location

- Finish Line and/or Recovery Area

Times

- **Saturday** - Check-in at Control Tent at 4:30pm
- **Sunday** - Check-in at the Control Tent at 6:30am OR 9:30am depending on shift time

ROLE

RECOVERY

- Cut up fruit and top up water/electrolyte for finishers
- Assist finishers with accessing nutrition and hydration
- Alert First Aid team of first aid concerns with finishers
- Assist in pack down of the Recovery Area at the conclusion of the event

FINISH LINE

- Check the health and wellbeing of finishers
- Provide finisher with their finisher medal
- Inform First Aid team of unwell runners

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and provided Cairns 50 vest when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required

VOLUNTEER ROLES - DETAILED

PERSONAL NEEDS

Location

- Control Tent/Personal Needs Station

Times

- **Sunday** - Check-in at the Control Tent at 4:50am

Role

- Collect "Personal Needs" bags/bottles etc. from athletes at the control tent on Sunday morning
- Transport Personal Needs to the personal needs station (in Glenoma Park)
- Organise personal needs in bib number order at the station
- Assist 50k runners access their personal needs when needed

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and provided Cairns 50 vest when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required

PERSONAL NEEDS INSTRUCTIONS AND MAP

Labelled with your name
and your bib number

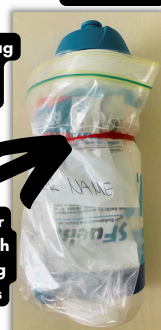


Clear reusable bag (no
larger than "large" size)

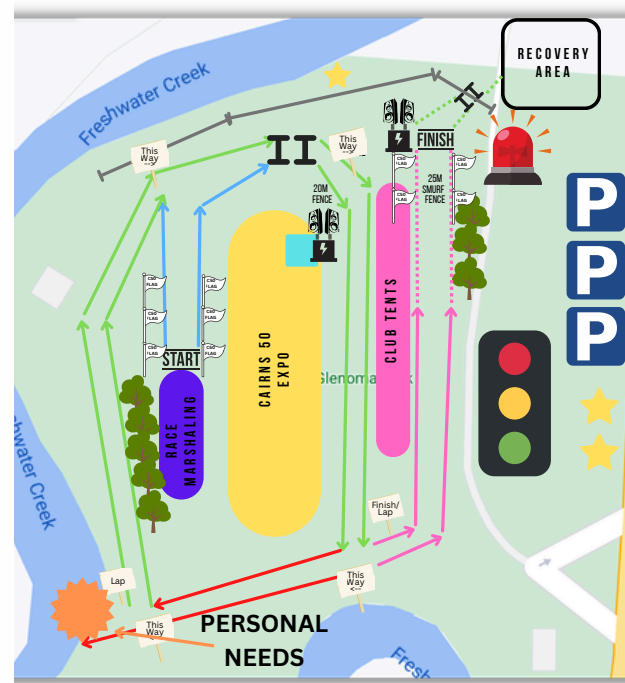


Small cooler bag option -
label with your name and
bib number

If you are just using a bag
or bottle, they can be
provided on their own



Attach your bag to your
bottle (if using both) with
a rubber band, ensuring
that your bib number is
showing



VOLUNTEER ROLES – DETAILED

10k TURN AROUND MARSHAL

Location

- 10k Turnaround (as per map)

Times

- **Sunday** - Check-in at the Control Tent at 6:00am for 6:30am start at turnaround (turnaround point is best accessed on foot from Vistas Estate in Redlynch)

Role

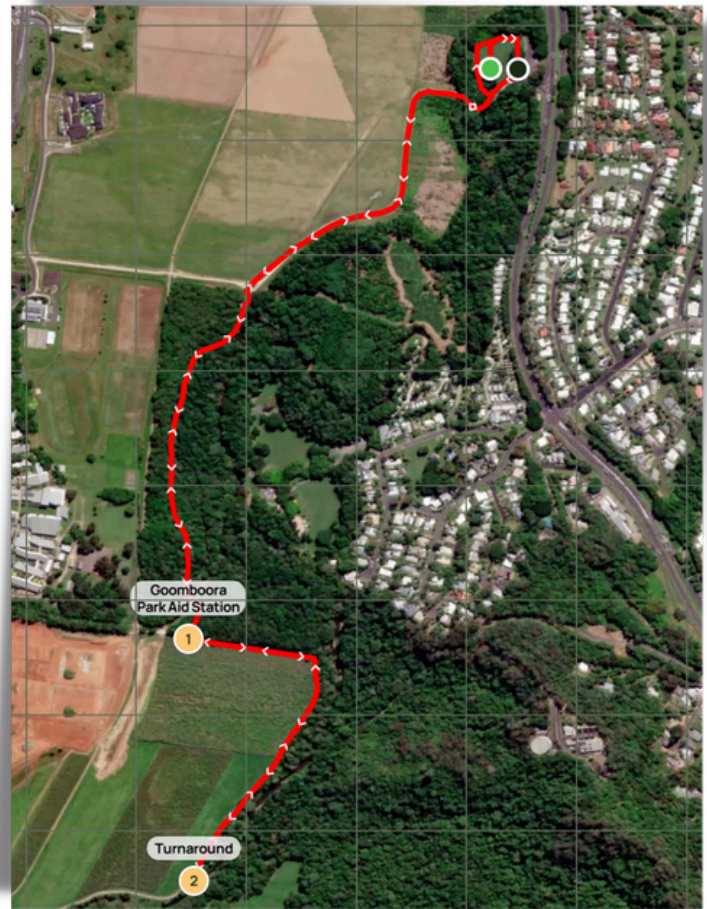
- Ensure all 10k runners turnaround and head back towards start/finish (Turquoise Bibs)
- Ensure all 30k and 50k runners DO NOT turnaround

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and provided Cairns 50 vest when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required



VOLUNTEER ROLES – DETAILED

50k TURN AROUND MARSHAL

Location

- 50k Turnaround @ Gamburra Drive (as per map)

Times

- **Sunday** - Check-in at the Control Tent at 5:15am for 5:45am start at turnaround (turnaround point is accessed via vehicle)

Role

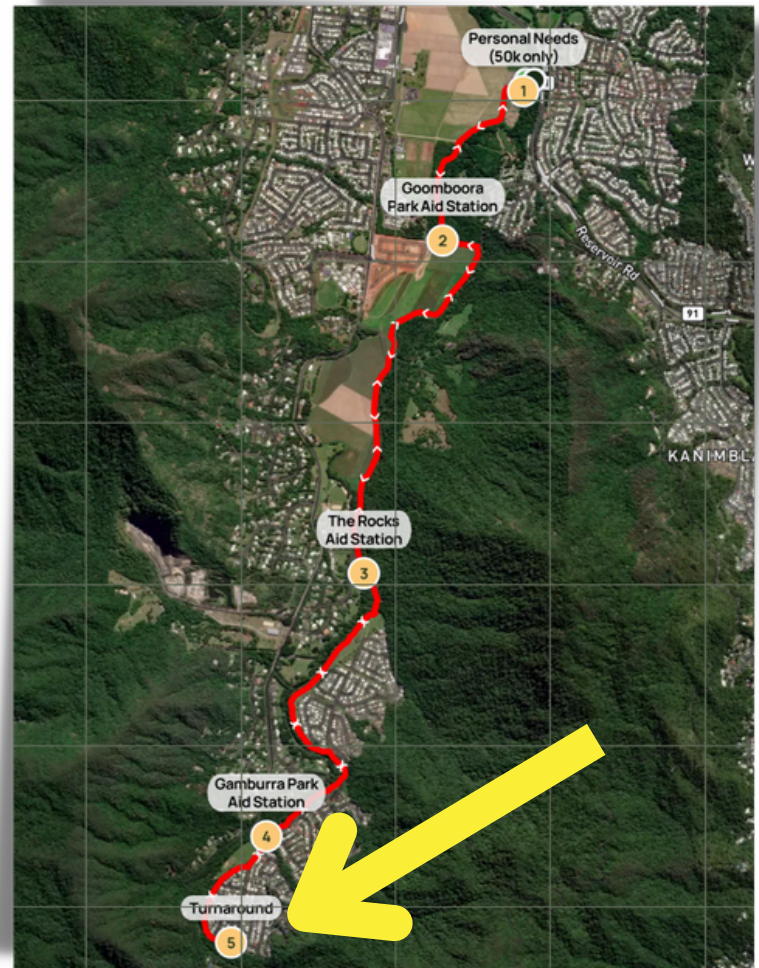
- Ensure all 50k runners turnaround and head back towards start/finish (Black Bibs)
- Check on the health and wellbeing of runners

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and provided Cairns 50 vest when onsite at all times
- Wear sun safe clothing and ensure you eat and drink throughout your role
- Watch the volunteer briefing prior to attending Cairns 50 (emailed in the week of the event)
- Check-in and check-out at the beginning and end of your role
- Follow instructions of the Race Director and/or key staff when required



VOLUNTEER ROLES – DETAILED

LEAD/TAIL BIKES

Location

- Along the run course (starting from the event precinct)

Times

- **Sunday** - Check-in at the Control Tent at 5:10am (50k), 5:40am (30k) and 6:10am (10k)

Role

- **Lead bikes** will join the course after the first aid station (Goomboora Park) app. 2km in to the course
- Ride approximately 50m in front of the lead male/female of your event
- Notify other runners and the general public that runners are coming through and remind them to stay to the left
- Ensure lead runners have safe access to the pathway throughout the run
- Monitor health and wellbeing of runners as you pass them and inform the First Aid Team if there are concerns.
- Pull off the run course just before the finish chute before the lead runners reaches the finish chute
- **Tail Bike** rides approximately 20-30m behind the final runner to monitor their health and wellbeing, as well as the health and wellbeing of other final runners

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and the Hi Vis Vest provided when onsite and on course at all times Wear a helmet at all times and ensure you bike is in safe and good working order prior to event day
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required

VOLUNTEER ROLES – DETAILED

SATURDAY AID STATION

Location

- Various points along the course (5k event turnaround; 2k event turnaround; 1k event turnaround).
As per map over the page

Times

- **Saturday** - Check-in at the Control Tent at 4pm

Role

- Assist aid station manager with set up and pack up of aid station
- Provide water to runners when required
- Keep water cooler topped up as needed
- Keep area clean of rubbish and cups
- Play music and create a fun positive atmosphere
- Ensure runners turnaround at the aid station and head back towards the event precinct

Communication

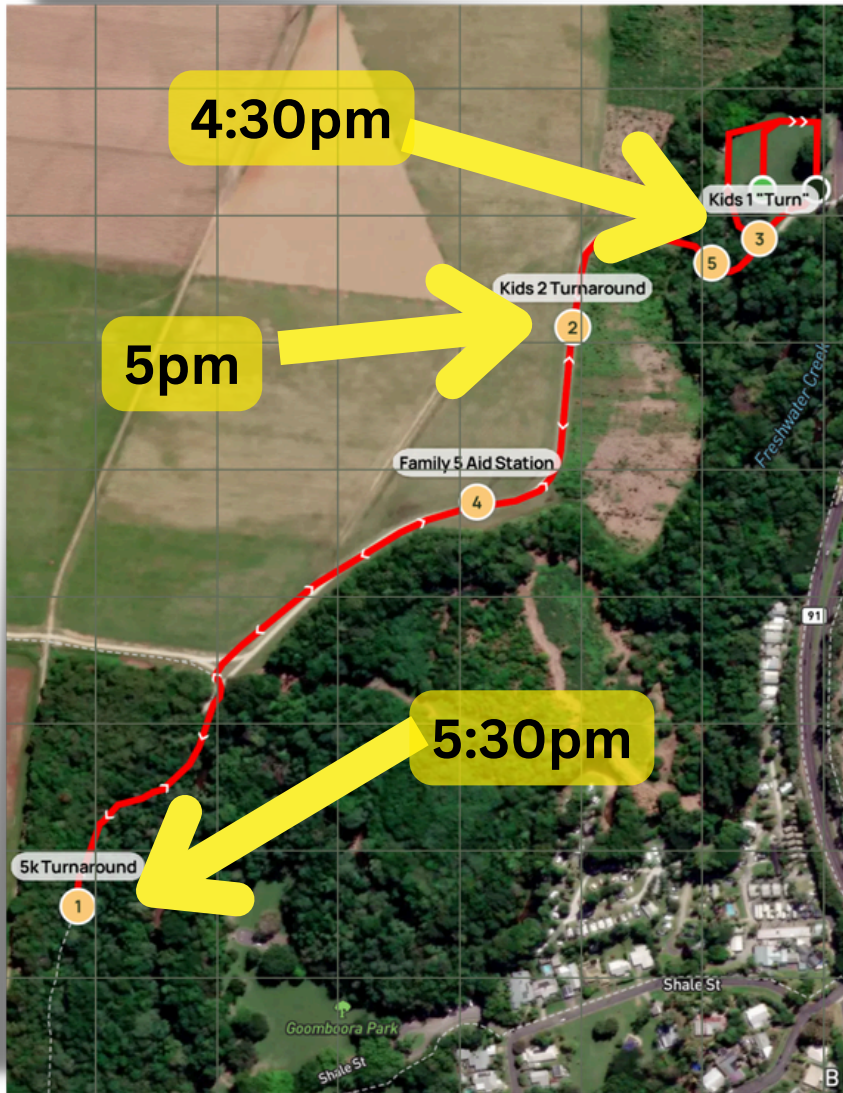
- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- In emergencies over the event weekend, contact Joshua Duff (0422 286 596) or Peta Travers-Jones (0400 677 489) asap

Safety

- Wear closed in shoes and the Hi Vis Vest provided when onsite and on course at all times Wear a helmet at all times and ensure you bike is in safe and good working order prior to event day
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required

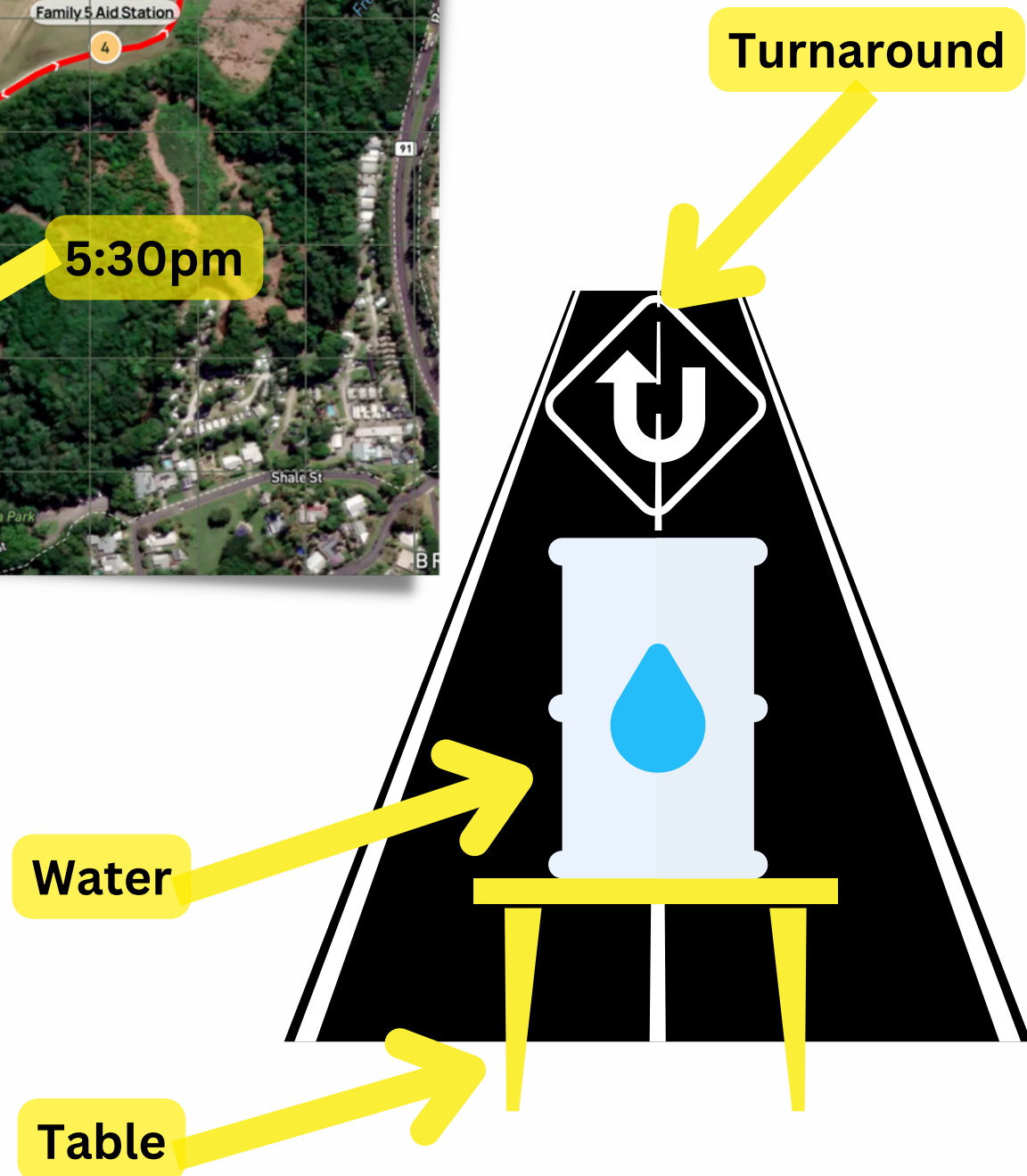
VOLUNTEER ROLES - DETAILED

SATURDAY AID STATION MAP & SET UP



Aid station gear will be provided with a trolley to take to each point along the course.

Each aid station point will be marked on the path with pink spray paint



VOLUNTEER ROLES – DETAILED

GOOMBOORA PARK AID STATION

Location

- Rainforest Area behind St. Andrews (PARKING available in the VISTAS at REDLYNCH Estate - 300m walk to aid station). See map over the page

Times

- **Sunday First Shift** - Meet at Aid Station @ 4:45am (check-in with **Salome Duff**)
- **Sunday Second Shift** - Meet at Aid Station @ 8:45am (check-in with **Salome Duff**)

Role

- Assist Aid Station Manager with set up of the Goomboora Park Aid Station from 4:45am
- Ensure water/electrolyte and bananas/lollies etc. are topped up throughout the event
- Assist runners with filling bottles/hydration vests/cups
- Inform Aid Station Manager of any issues or concerns throughout the event
- Provide encouragement and good vibes to runners
- Play music and create a fun positive atmosphere (keep noise minimal until 8am)
- Assist Aid Station Manager with pack up of Aid Station from app. 12:15pm

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- **On race day, your contact is Salome Duff (0438 363 908)**

Safety

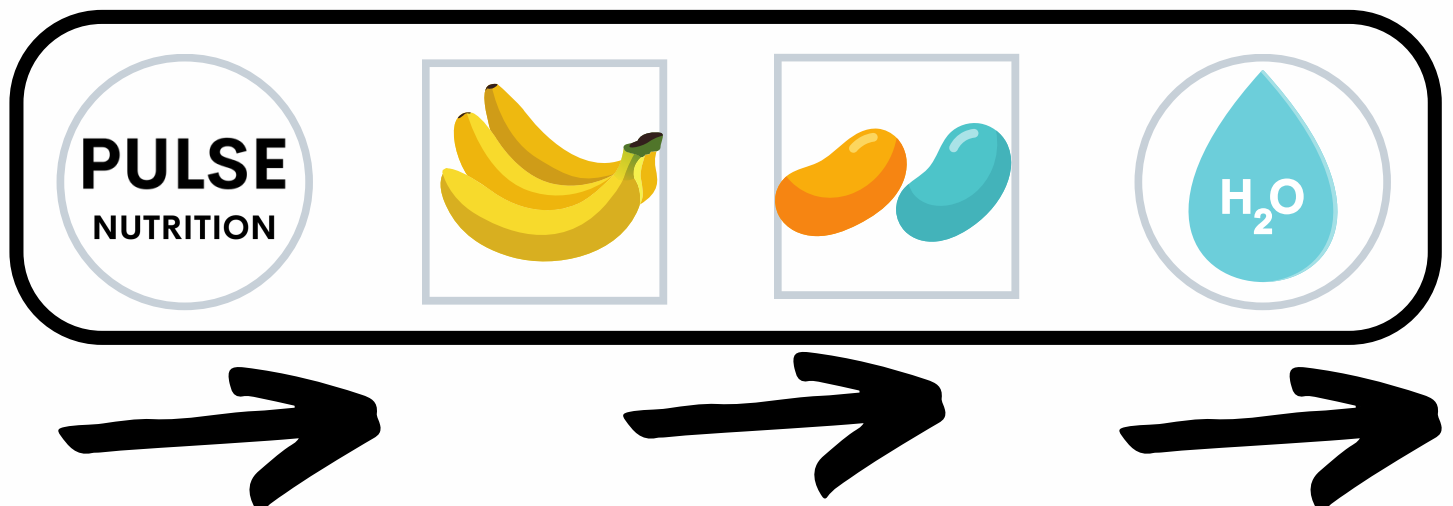
- Wear closed in shoes and the Hi Vis Vest provided when onsite at all times.
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required
- Keep noise minimal until 8am

VOLUNTEER ROLES - DETAILED

GOOMBOORA PARK AID STATION; MAP & SETUP



AID STATION LAYOUT



VOLUNTEER ROLES – DETAILED

THE ROCKS AID STATION

Location

- The Rocks Reserve, Redlynch. See map over the page

Times

- **Sunday** - Meet at Aid Station @ 5:05am (check-in with **Salome Duff**)

Role

- Assist Aid Station Manager with set up of The Rocks Aid Station from 5:05am
- Ensure water/electrolyte and bananas/lollies etc. are topped up throughout the event
- Assist runners with filling bottles/hydration vests/cups
- Inform Aid Station Manager of any issues or concerns throughout the event
- Provide encouragement and good vibes to runners
- Play music and create a fun positive atmosphere (keep noise minimal until 8am)
- Assist Aid Station Manager with pack up of Aid Station from app. 11:45pm

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend

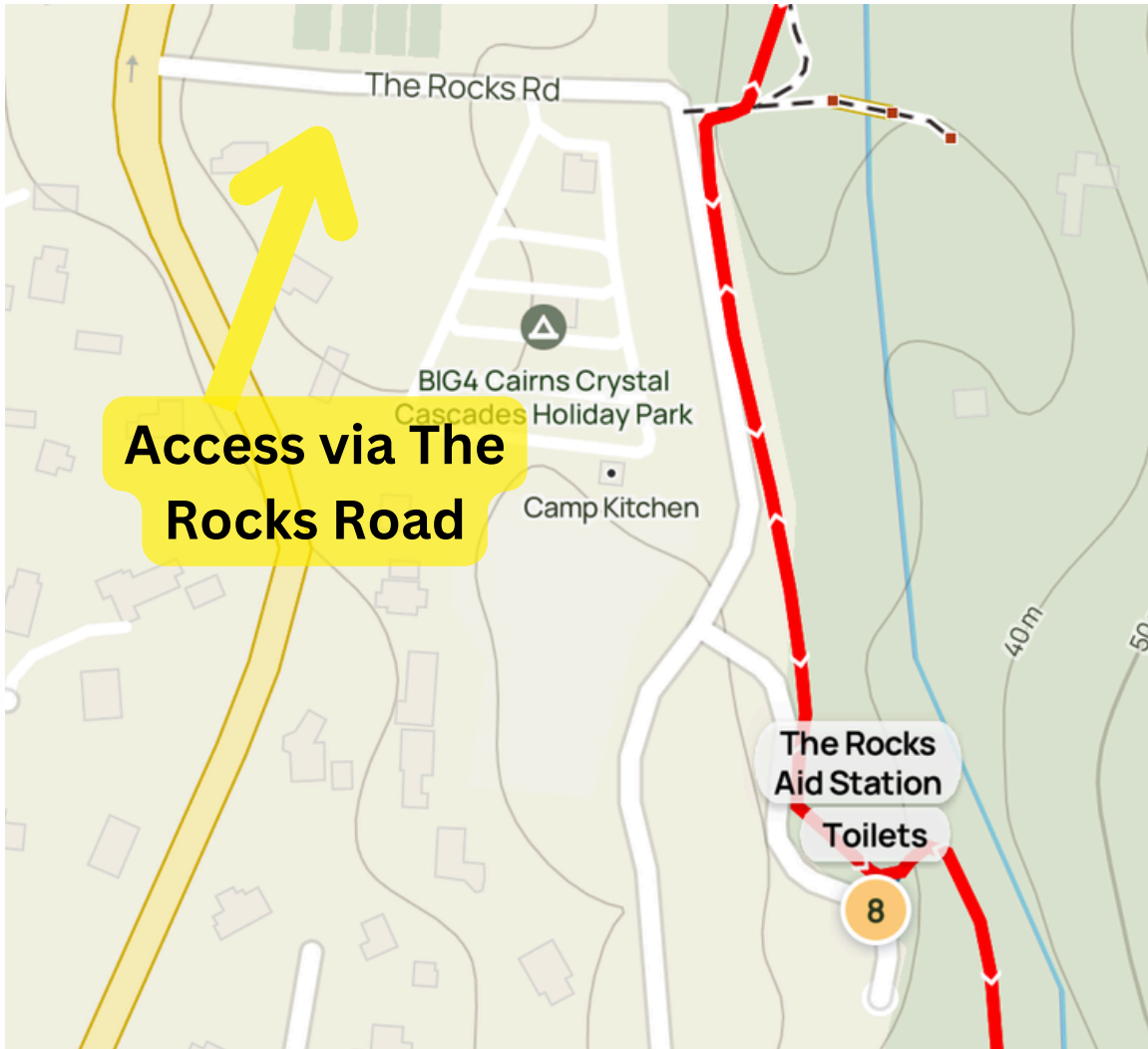
On race day, your contact is Salome Duff (0438 363 908)

Safety

- Wear closed in shoes and the Hi Vis Vest provided when onsite at all times.
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required
- Keep noise minimal until 8am

VOLUNTEER ROLES - DETAILED

THE ROCKS AID STATION; MAP & SETUP



AID STATION LAYOUT



VOLUNTEER ROLES – DETAILED

GAMBURRA DRIVE AID STATION

Location

- Playground along Gamburra Drive and Mary Parker Drive, Redlynch. See map over the page

Times

- **Sunday** - Meet at Aid Station @ 5:25am (check-in with **Salome Duff**)

Role

- Assist Aid Station Manager with set up of the Mary Parker Drive Aid Station from 5:25am
- Ensure water/electrolyte and bananas/lollies etc. are topped up throughout the event
- Assist runners with filling bottles/hydration vests/cups
- Inform Aid Station Manager of any issues or concerns throughout the event
- Provide encouragement and good vibes to runners
- Play music and create a fun positive atmosphere (keep noise minimal until 8am)
- Assist Aid Station Manager with pack up of Aid Station from app. 11:30am

Communication

- Prior to the event day, communication regarding roles, questions and other information is to go to the Race Director (Joshua Duff) via email (joshua@smurfandsmurfette.com.au) or phone/text (0422 286 596)
- You will be added to the event's Whatsapp group which will be the key source for communication over the event weekend
- **On race day, your contact is Salome Duff (0438 363 908)**

Safety

- Wear closed in shoes and the Hi Vis Vest provided when onsite at all times.
- Watch Volunteer Briefing prior to attending Cairns 50 (link to briefing will be emailed in the week of the event)
- Follow the instructions of the Race Director and other event staff when required
- Keep noise minimal until 8am

VOLUNTEER ROLES - DETAILED

MARY PARKER DRIVE AID STATION; MAP & SETUP



AID STATION LAYOUT

